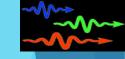


ICNIRP/ARPANSA GUIDELINES need urgent review

Victor Leach



ORSAA - An Introduction

- Oceania Radiofrequency Scientific Advisory Association Inc., (ORSAA) is a Not-for-Profit scientific association.
- Full members and advisory panel members are non-industry scientists from various scientific disciplines: epidemiology, microbiology, biochemistry, physics, occupational hygiene, psychology, environmental science, endocrinology, immunology, neurology, oncology, building biology, pharmacology.
- Associate members are supporters (mainly retired) who offer their expertise (teacher, accountants, nurses etc.) as volunteers
- We are not an Advocacy Group.
- We are all volunteers.



Evaluating the Strength of Evidence

- Many disciplines are involved
- ORSAA database analytical tool to evaluate the strength of evidence
- Over 3100 papers objective assessed and categorised

ORSAA.org (https://www.orsaa.org/)



Satellite Image of Victoria, 2009

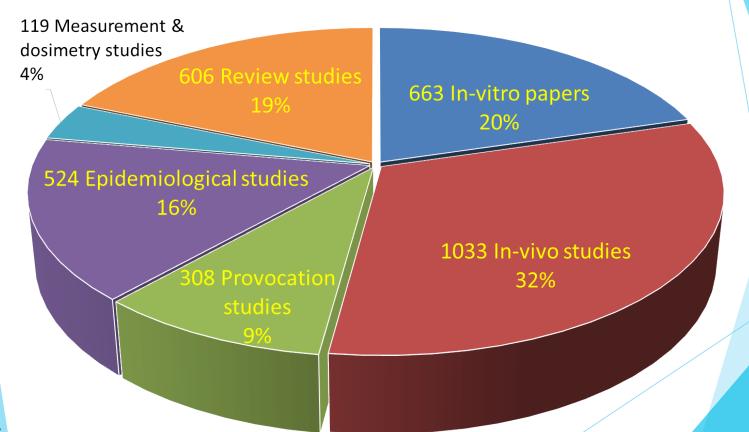




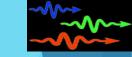
2009 Victorian Bushfires - "Black Saturday"

ORSAA database ELF to SHF (radar freq) publications

► Includes ARPANSA papers (1354) and Emeritus Prof Henry Lai papers (937)







Trigger Points for Precautionary Approach

- Two main factors triggers:
 - Strength of evidence
 - Potential cost of doing nothing
- Full biological explanation can take years:

 - ► Asbestos (1898 to 1999): 101 yrs
 ► Water with cholera bacterium, Dr John Snow (1854 to 1883): 29 yrs
 - Smoking Sir Richard Doll (1952 to 2000 smoking) bans on aircraft): 48 yrs



ICRP and ICNIRP Philosophies

- ► ICRP = risk managers (Insurance)
 - Risk may exist (X rays, gamma rays)
 - ►Low radiation doses → Risk



- Certainty before action.
- ► Low exposure levels → "No risk"
- "People being protected" However not all children, the elderly, and some chronically ill







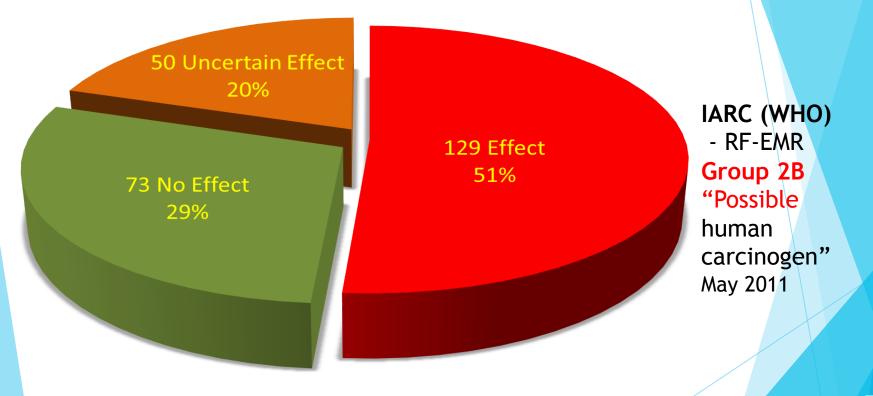
ICRP vs ICNIRP Philosophies

- ► ICRP Risk management approach
 - > <100 mSv is a Precautionary Approach using ALARA mSv is a milliSievert a measure of radiation dose. No such concept with EMR-RF we just have reference levels (exposure) only.
- ► ICNIRP (WHO 2002) Non-Risk management approach
 - ► But notes"...children, the elderly, some chronically ill people ... lower tolerance for one or more forms of NIR exposure"
 - Precautionary Approach <u>not</u> applied for these at-risk groups

Waiting for established evidence of harm is <u>not</u> a recognised risk management approach



ORSAA Database Epidemiological UHF Studies





In vitro (test tube) studies ARPANSA TRS -164

Topic	Y (TR-164)	Y (ORSAA/ARPANSA DB)	N (TR-164)	N (ORSAA/ARPANSA DB)
Genotoxic	16	34 (+9 Synergistic Effect with mutagen and +1 Effect DNA Repair)	32	39 (+2 Effect Positive)
Proliferation/Apoptosis	25	Apoptosis 26 Proliferation 33 (+1 Uncertain) Combined 59 (+1 Uncertain)	30	Apoptosis 22 (+1 Effect Positive) Proliferation 35 Combined 57 (+1 Effect Positive)
Gene Expression	4	61 (+6 Uncertain Effect)	10	14
Stress Response/Heat Shock Proteins (HSP)	4	28 (3 at thermal levels) (+1 Uncertain Effect)	17	19
Intracellular Signalling	1	10 (+1 Uncertain Effect – synergistic with potassium- induced depolarization)	3	2
Membrane Effects	17	27	4	4 (+1 Effect Positive)
Direct Effects On Proteins	15	77 (+5 Uncertain Effects)	1	3
Oxidative Stress	N/S	17	N/S	11
Totals	82	313	97	149

TR-164
Effect 46% vs No Effect 54%

ORSAA Effect 68% vs No Effect 32%



In vivo(living organism) studies TRS -164

Topic	Y (TR-164)	Y (ARPANSA/ORSAA DB)	N (TR-164)	N (ARPANSA/ORSAA DB)
Cell Physiology, Injury, Apoptosis	21	72 (+1 Uncertain Effect)	17	16 (+2 Positive Protective Effect)
Neurotransmitters	1	10	1	1
Brain Electrical Activity	3	13	2	2
Blood Brain Barrier and Micro Circulation	4	10	8	15
Endocrine System	3	27	5	7
Autonomic Function	0	2 (+1 Uncertain Effect)	2	0
Spatial Memory	7	15	4	10
General Learning	4	13 (+1 Effect – Thermal Levels)	5	9
Auditory Function	4	4 (+1 Uncertain Effect)	7	8
Genotoxicity and Mutagenesis	8	34	10	20 (+1 Protective Effect/ γ-Radiation)
Immune System and Haematological Effects	5	37 (+2 Uncertain Effect) (+13 Positive Effects)	3	16
Testicular Function	8	25 (+1 Uncertain Effect)	5	4 (+1 Positive Effect)
Pregnancy and Foetal development	9	17 (+2 Uncertain Effect)	10	23
Oxidative Stress	Not Stated	124 (+2 Uncertain Effect)	Not Stated	10
Totals	77	403	79	141

TR-164 Effect 49% vs No Effect 51%

ORSAA Effect 74% vs No Effect 26%



Reason for the difference

ARPANSA TRS-164:

- Expert reviewer was not requested to use the ARPANSA literature database
- Reproduced the findings obtained from the UK Health Department Report of the independent Advisory Group on Non-Ionising Radiation (AGNIR) [3].
- in vitro / in vivo review section reproduced the UK AGNIR report findings
- Provocation studies relied on UK AGNIR report, the Scientific Committee on Emerging and Newly Identified Health Risks (SCENIHR) [5] and ICNIRP reviews.
- inherited all the AGNIR flaws and deficiencies (Dr Sarah Starkey [4]) including:

Scientific inaccuracy - conclusions did not accurately reflect the evidence

Studies omitted, included in other sections but without any conclusions, or conclusions left out - Oxidative stress was not given the coverage it deserved. Fertility effects, cognitive function and behavioural effects were all misrepresented.

Evidence dismissed and ignored in conclusions



In-vivo testing from Human UHF studies

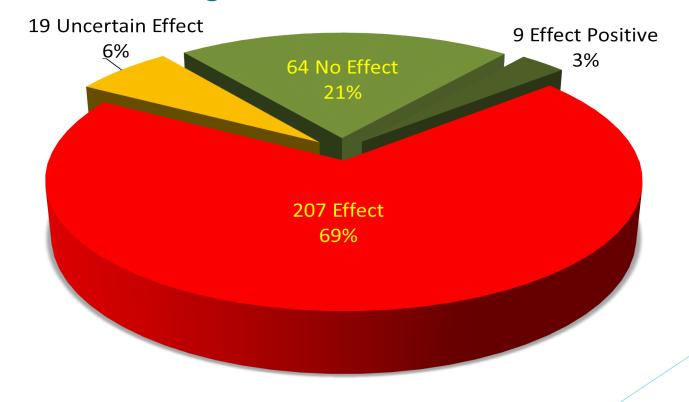
Organ or fluids		Studies		Top 6 major Bio-
sampled	Effect	No Effect	Uncertain Effect	Effect categories
Saliva; Blood (Haemoglobin, chromosomes & lymphocytes); Sperm; Skin; Auditory system; Core Temperature; Pituitary Hormones; Urine; Faeces; EEG studies' ECG studies	51	10	7	DNA damage, Biochemical changes Altered Enzyme Activity; Cell Irregularities/ Damage/ Oxidative Stress; Cardiovascular/ Vascular Effects

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Scientific Advisory Association

In-vivo animal studies - All UHF studies

Cumulative		Studies		Top Six Bio-Effect categories
Exposure (h)	Effect	No Effect	Uncertain	(# studies in brackets)
Group 1 ≤100 h (≤ 4.2 d)	366 (79%)	85 (18%)	14 (3%)	 Biochemical changes (167) Altered Enzyme Activity (144) Oxidative Stress (122) Cell Irregularities/ Damage (82) Neuro-behavioural Effects/ Cognitive Effects (53) DNA damage/ Mutagenic /Genotoxic (42)
Group 2 100 to ≤750 h (4.2 d to 1 month)	76 (76%)	21 (21%)	3 (3%)	 Biochemical changes (35) Altered Enzyme Activity (33) Oxidative Stress (29) Cell Irregularities/ Damage (18) Apoptosis (Programmed cell death) (12) DNA damage/ Mutagenic /Genotoxic (11)
Group 3 >750 ≤8700 h (<1 yr)	19	11	1	 Biochemical changes (7) Altered Enzyme Activity (6) DNA damage/ Mutagenic /Genotoxic (4) Oxidative Stress (4) Sperm effects (4) Apoptosis (Programmed cell death) (3)

Non-thermal Effects exposures: *in vivo* animal studies ≤ SAR 2 W/kg





Simulated vs Real Mobile Phones Signal

Table 3. Number of bio-effect Mobile phone studies with Signal Type and Wave-form

Research	Real Mobile Phone used in						eriments		
Categories	Experiments					11.00			
Wave form	Pulsed			Pulsed Continuous			ous		
Outcome	#Effect	#No	#Uncertain	#Effect	#No	#Uncertain	#Effect	#No	#Uncertain
	The State of the S	Effect	Effect	3/1-401	Effect	Effect	W 3170	Effect	Effect
in vivo	120	18	11	69	49	8	6	4	0
in vitro	28	8	1	60	63	7	10	17	2



All Microwave (UHF-SHF) Studies

Find Search Summary Totals Peer Reviewed Studies Showing Biological Effects Number of records used: 1173 of 3063					
Auditory Dysfunction / Hearing loss / Tinnitus	29	Apoptosis (Programmed Cell Death)	90	Brain Tumours	39
Blood Brain Barrier Permeability Changes	15	Breast Cancer	6	Cellular Stress	56
Brain Development / Neuro Degeneration	47	Biochemical Changes	307	EEG changes / Brain Waves	93
Neuro Behavioural Effect / Cognitive Effects	152	Cell Irregularities/ Damage/ Morphological Changes	174	Effects on Mitochondria	34
Calcium Influx / Efflux	16	Fatigue	30	Altered Enzyme Activity / Protein Levels / Protein Damage	326
Circadian Rhythm Disruption	12	Altered Gene Expression	127	Headaches/Migraines	46
DNA Damage / Mutagenic / Genotoxic	137	Altered Glucose Level / Glucose Metabolism	18	Inflammation	21
Endocrine / Hormone Effects	59	Cardiovascular/Vascular Effects	52	Hepatic Effects (Liver)	20
Miscarriage / Spontaneous Abortion / Foetus Resorption	2	Immune System Effects	56	Impaired / Reduced Healing/ Bone Density Changes	4
Memory Impairment	51	Oxidative Stress / ROS/ Free Radicals	223	Speech Impairment	4
Sperm /Testicular Effects	83	Sleep Effects	47	Haematological Effects	44
Tumour Promotion	28	Neurotransmitter Effects	31	Synergistic/Combinative Effects	45
Thyroid Effects	12	Visual Disturbances/ Ocular Effects	34	Autism	6
Leukemia	3	Parotid Gland Malignancy	4	Neoplasis/ Hyperplasia (Abnormal Tissue Growth)	2
Depression	18	Induced Adaptive Response	46	Dizziness / Vertigo / Vestibular Effects	18

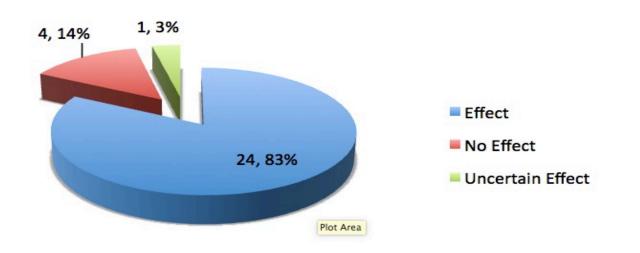
Source: ORSAA
Database - RF
Bioeffect summary



Mobile Phone Base Station - Epidemiological Studies

ORSAA database has 29 Studies

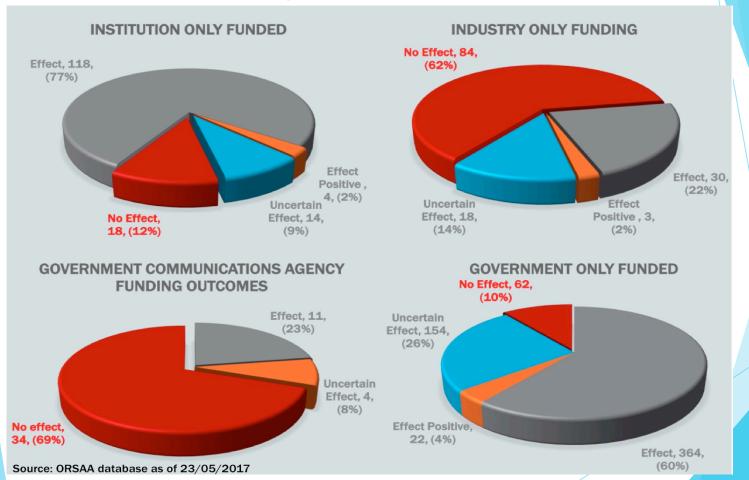
4 "No Effect" studies funded: 3 x German Government and 1 x UK telecom



Summary slide on *in vivo* human testing associated with Mobile Phone towers

- Not a single study in Australia with objective biochemical markers to see if there is an impact on people's health around Mobile Phone Base Stations (MPBS)
- Only one large population study (epidemiology) by Dr. Bruce Hocking (ex Telstra CMO) and colleagues - found increased cancer risk near broadcasting towers VHF (another source of RF-EMR)
- A study in Brazil found 93.5% (6,724/7,191) of cancer deaths over 10 years have occurred within 500m of a MPBS. Risk decreased steadily with distance from MPBS.
- Several studies done other countries have shown clear adverse effects such as more DNA damage, increased oxidative stress, increased risk of diabetes, altered hormone levels in people near MPBS
- It is risky to install powerful RF-transmitters near sensitive locations like homes, schools and hospitals.
- Lilienfield Report (1978) From 1953 -1978 systematic low-level pulsed exposure of US Embassy staff in Moscow. (20-280 mW/m² (3% of ICNIRP limit) 0.6-9.5 GHz (5G 6 GHz), 6-8 hr/day 5 day/wk, 2- 4 yrs Symptoms eczema, psoriasis, allergic and inflammatory reactions

Review of funding sources in ORSAA database





Review of research by Country of Origin

BALANCE OF EVIDENCE

Leading EMF Effect Countries				
Country	Effect Papers	No Effect Papers		
CHINA	141	13		
TURKEY	131	22		
USA	103	61		
INDIA	80	5		
SWEDEN	66	13		
IRAN	50	4		
RUSSIA	40	2		

Leading No Effect Countries				
Country	Effect Papers	No Effect Papers		
USA	103	61		
DEU	38	51		
JPN	33	44		
ITA	61	35		
FRA	41	35		
GBR	22	34		
KOR	26	25		
AUS	36	23		
FIN	20	23		

- Some countries finding a large number of "no effects" have corporations significantly investing in wireless technology (i.e. Siemens, Samsung, Nokia, Sony, Motorola ... etc.)
- ICNIRP was founded in Germany (DEU) and receives funding from the German Federal Ministry for the environment. Germany is one of the few countries finding more "no effects" than effects
- Many countries that are finding a significantly higher proportion of effects also typically have the most protective RF exposure limits (excluding USA)

 Source: ORSAA database as of 23/05/2017



US Defence Intelligence Agency (DIA) Report 1976

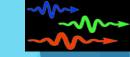
- "Animal experiments reported in open literature have demonstrated the use of low level microwave signals to produce death by heart seizure or by neurological pathologies resulting from breaching of the blood-brain barrier". (page viii)
- "Personnel (military) exposed to microwave radiation below thermal levels experience more neurological, cardiovascular, and haemodynamic disturbances than do their unexposed counterparts." (page 6)
- "Subjects (military personnel) exposed to microwave exhibited a variety of neurasthenic disorders against a background of angiodystonia (abnormal changes in the tonicity of the blood vessels). The most common subjective complaints were headache, fatigue, perspiring, dizziness, menstrual disorders, irritability, agitation, tension, drowsiness, sleeplessness, depression, anxiety, forgetfulness and lack of concentration." (page 8)
- "Long term non-thermal microwave irradiation of male mice evoked diffuse changes in the testes. Subsequent mating of the animals resulted in reduction in the size of the litters" (page 13)



Identified Risks

- Brain Tumours
- Other Cancers
- Cardiovascular Disease
- Diabetes
- Neurodegeneration
- Mental illnesses

- Pregnancy Complications, Developmental Problems
- Immune Disorders
- Infertility/Sterility
- Chronic Illness
- Nuisance Effects
- Sleep Disorders



Chronic Diseases. Does EMR have a Role?

Top Health Burdens

- Cardiovascular Disease
- Cancer
- Neurodegenerative diseases
- Mental illness
- Allergies

RF-EMR bio effects with evidence

- Cardiac and vascular effects, oxidative stress and effects on voltage-gated Ca2+ channels
- DNA damage, altered cell metabolism, altered gene expression, oxidative stress, inflammation.
- neuronal damage (evidence of functional and histopathological changes), oxidative stress, metabolic changes, blood brain barrier damage.
- Neurobehavioural changes anxiety, cognitive impairment, changes in neurotransmitters
- Serological evidence of elevation of IgE antibodies and Th2 cytokines, lowering of cytotoxic activity of white blood cells, mast cell degranulation



Conclusions

- Converging evidence on health effects.
- Non-thermal bio-effects are <u>real</u>
- Enough SMOKE to say we have a FIRE
- Devices need a higher safety design standard
- Stronger consumer advice on safe use
 - especially children
 - Advice on safer use is hidden
 - ▶ Needs to be very **obvious**
- ▶ The data together with best risk management practice suggests:

A trigger point has been reach for adopting a proper Precautionary Approach to this new RF-EMR technology



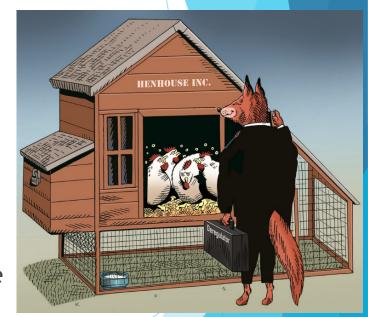
Extra Slides Follow

Slides that followed were not used

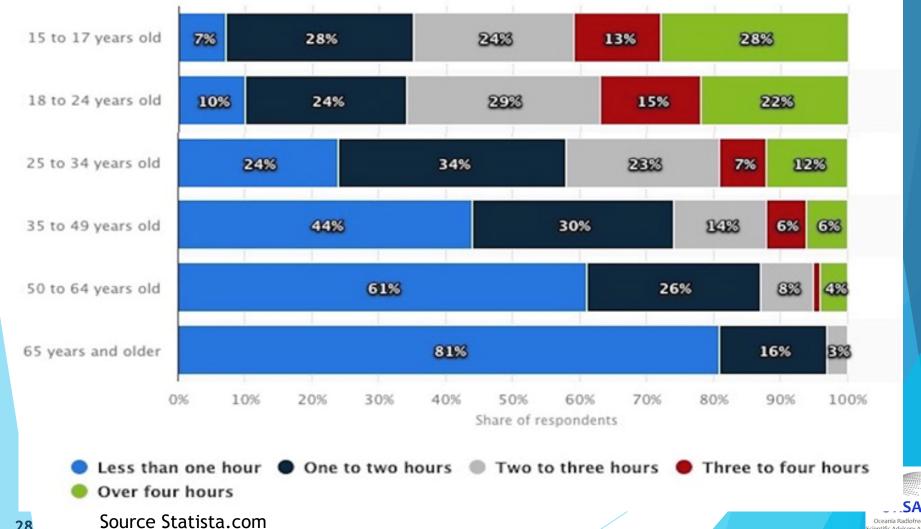


Current Australian EMF- RF Regulation

- Regulator = Australian Communications Media Authority (ACMA)
- Radiocommunications Act 1992. S162 (3) (f)
- "health and safety protection to persons who operate, work with or use wireless equipment via the establishment of standards"
- "Inclusion of the precautionary principle in the ACMA regulatory instruments would place a regulatory burden on industry which would require strong justification."
- The ACMA does not discern that justification







entific Advisory Association

Epidemiological Studies of Note

Interphone → glioma in the group with the longest duration of use (≥1640 h) (OR=1.40; 95% CI 1.03to 1.89), higher for ispsilateral use and temporal tumours.

Patients interviewed	Tumour	Organ
2708	Glioma	Brain
2409	Meningioma	Brain
1100	Acoustic Neuroma (Vestibular Schwannoma)	Acoustic nerve
400	Parotid gland	Salivary gland

- ► CERENAT multicenter French case-control study 2004-2006.
- Among heaviest users (cumulative duration ≥896 h), time since first use was occasionally less than 5 years (11%) but mostly 5- 9 years (49%) and 10 years and more (40%).
- 33 % commercial agents or sales people
- 22% chief operating officers, production & operation managers
- 62% reported occupational mobile phone use.
- ► COSMOS Study (75,993) Self reported vs Telco usage figures
- 14% reported health effect following use



in vivo long-term (Near Field) animal studies - UHF study

- ▶ The US FDA nominated cell phone RFR emission for toxicology and carcinogenicity testing in 1999
 - Took a decade to start
- NPT study 2-year study on rats & mice
 - Huge \$25 million study is the world's largest most carefully done study ever done on long term wireless health risks. Reporting started in 2018.
 - Near-field exposure intensity was at low non-thermal or non-heating levels
 - Evidence of Carcinogenic activity was rated as:
 - Clear evidence;
 - Some evidence;
 - Equivocal evidence of carcinogenic activity is demonstrated by studies that are interpreted as showing a marginal increase of neoplasms that may be test agent related;
 - No evidence;
 - Inadequate study.
- Mice Study showed no effects
- Exposure to Sprague Dawley (SD) Rats different
 - Occurrence of these rare nerve sheath tumours were statistically significant and others where not
 - ▶ Rare nerve tumours were found being malignant schwannoma in the heart of male rats
 - > Same cells in nerves of the human ear.
- Significant positive trends were found for gliomas in male rats exposed to CDMA-modulated RF radiation
 - Ditto heart Schwannomas in male rats exposed to GSM or CDMA-modulated RF



in vivo long-term (far-Field) animal studies - UHF study

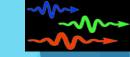
- Ramazzini Institute in Italy.
 - ► Long-term animal study just concluded
 - Interim paper:
 - ▶ Same rare nerve tumours were found in <u>male</u> rats as in the NPT study.
 - ▶ These rare nerve tumours also present in control *male* rats
 - > Same findings as NPT study.
 - Results less convincing than NPT study.
- Does rat research inform human health risk?
 - Rats are the preferred animal models for carcinogenicity studies
 - Regulatory agencies rely on rodent carcinogenicity bioassay data → a given chemical → cancer in humans.



Prof Henry Lai's life-time collection

- ORSAA database incorporates:
 - ARPANSA database
 - Prof Henry Lai's personal collection of 937 papers:
 - ▶ 1. ELF-EMF-Apr1-comet-assay.docx (46 papers)
 - ▶ 2. ELF-oxidative-effect-11-21-2017.docx (186 papers)
 - ▶ 3. RFR-12-14-neurological-effects-2007-2017.docx (325 papers)
 - ▶ 4. RFR-Apr1-comet-assay.docx (76 papers)
 - ▶ 5. Electrohypersensitivity-50pg-2017.docx (124 papers)
 - ▶ 6. Final RF oxidative stress papers (180 papers)
 - Lai classified studies as "Effect" or "No Effect"
 - ▶ ORSAA classification different only 27 / 937 times
 - ▶ 7 in new category "Uncertain Effect"
 - ▶ 10 "Effect" to "No Effect"
 - ▶ 10 "No Effect" to "Effect".
 - ▶ Good agreement on the final bio-effect category for each paper.





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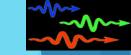
ANRES research (190 individuals surveyed)

Table 1. Environmental Sensitivity Conditions				
Environmental Sensitivity	Number	Percentage %		
Conditions				
MCS	144	75.8		
Fragrance Sensitivity	142	74.7		
EHS	80	42.1		
Food Sensitivity	131	68.9		
CFS/ME	84	44.2		
Fibromyalgia	54	28.4		
Lyme Disease &/or it's co-	18	9.5		
infections		12.000		
Biotoxin-related illness	13	6.8		
Other	46	31.9		

As registrants can select more than one condition, the percentages do not add up to 100%



What is the Precautionary Approach?



Simple definition of Precautionary Approach:

A risk management framework in the face of scientific uncertainty

- Not an admission of guilt
- Implementation of Precautionary Approach
 - ▶ Complex
 - Requires trust
 - ▶ Fair and reasonable
 - ▶ Transparent and open
- As Low As Reasonable Achievable (ALARA)
 As Low As Reasonable Practicable (ALARP)
 - ► Both historical Precautionary Approaches
 - ► Lack **structure** of proper Precautionary Approach





Movie - Generation Zapped

https://vimeo.com/221492864



Evidence of harmful effects has been known for more than 40 years

Bio Effect Research: 1970 Conclusions*

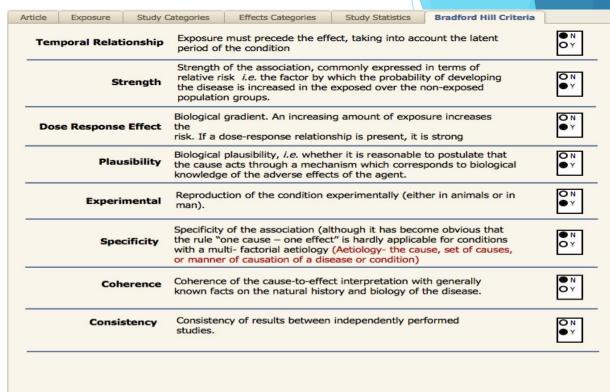
- RF (Microwaves) may have both pathogenic effects and, under certain conditions, a therapeutic action on the human organism
- Many aspects of this pressing problem remain almost totally neglected; in particular, our information on the mechanism by which microwaves affect the human organism is inadequate
- Microwave radiation on the organism can be dealt with successfully (and the literature material critically generalized) in its present state only by a team of scientists representing various specialties
- It was established from study of the nonthermal (specific) action of radio waves that the changes that appear in the organism cannot be explained solely in terms of the amount of heat formed in it



^{*}Source: Influence of Microwave Radiation on Man and Animals (1970) - NASA Translation

Bradford Hill System of Causation

- ORSAA database
 - Uses Bradford Hill (BH) indexes for causation of cancer
- BH Criteria for causation
 - Minimal conditions necessary to provide adequate evidence of a causal relationship between an incidence and a possible consequence





Bradford Hill Summary Report

Bradford Hill System - Moving from Association to Causation

- ► Temporal Relationship: Exposure must precede the effect
- > Strength: Strength of the association Relative Risk
- ► Dose Response Effect: Biological gradient
- Plausibility: Biological plausibility
- **Experimental:** Reproducibility with repeated studies
- Specificity: Specificity of the association
- ► Coherence: Coherence between cause-to-effect interpretation with generally known facts about disease
- Consistency: Consistency between independent studies



Biology vs Physics views of EMR Interaction

- ▶ Biology: microwave radiofrequency transmissions → increases oxidative stress and DNA damage -> can cause cancer
- ► Physics: photon energy cannot break covalent bonds → No DNA damage

Bad science

We know

- ► Chronic inflammation → cancer
- ▶ Cigarette smoke → cancer
- ► Toxins and autoimmune disease → cancer

